

# Essex ACTIVate

## FREE place within Essex ActivAte Holiday Activity and Food clubs

Dear Parent/Carer,

We are writing to inform you that your child(ren) are eligible for free place(s) within Essex ActivAte holiday clubs this summer. This is on a first comes basis so please be sure to secure your places by booking.

Active Essex are pleased to be delivering the Essex ActivAte (Holiday Activity and Food) programme across the county on behalf of Essex County Council and the Department for Education. Through the school holidays we will deliver a blended offer of support, which will include face to face holiday clubs for primary school aged children, as well as a variety of activities taking place virtually through YouTube and activity packs filled with fun physical and enrichment activities and nutritious food ideas for all the family!

We are launching ActivAte clubs across Essex, including specialist clubs for SEND pupils and Mental Wellbeing Hubs. All sessions will include physical activity and creative tasks, plus every child will receive a tasty and nutritious meal! Clubs are completely free for young people who are eligible for benefits based free school meals, as well as those from working families who need additional support during the holidays. Club dates and times may vary slightly depending on locality, so please visit the link below to find out about the clubs near you.



*"This is probably the most amazing scheme that I have experienced. My children were so happy and it reduced my stress levels, which usually increase greatly over the school holidays. [...] We are on a tight budget and cannot normally afford to put the children into the expensive holiday clubs and they end up spending holidays in the house, not being very active." - parent feedback during Half Term.*

For any more information about our ActivAte holiday clubs, locations and bookings, please visit the Active Essex website - [www.bit.ly/3htuCl5](http://www.bit.ly/3htuCl5)

We hope you can join us for a fun and active holiday!

Kind regards,

The Essex ActivAte team  
Active Essex

