



Week Commencing 18th October 2021

Monday

09:30-11:30am

-Introduction to Understanding Teens (online)

<https://tinyurl.com/Understanding-Teens-Oct21>

- delivering a workshop on Numbersacks in a local school

Tuesday

09:30-11:30am

-Parenting with Empathy (online)

<https://tinyurl.com/Parenting-with-empathy-Oct21>

- delivering workshops; Calming Art, Healthy Eating and Cooking in local schools

12:30-2:30pm

-Helping children to manage change (online)

<https://tinyurl.com/helping-children-manage-change>

7:00-9:00pm

-First Aid workshop (online)

<https://tinyurl.com/1st-Aid-Oct21>

Wednesday

09:30-11:30am

-Why do children lie? (online)

<https://tinyurl.com/Why-do-children-lie-Oct21>

- Building your child's motor skills (online)

<https://tinyurl.com/Building-motor-skills>

10:00-12:00pm

-Slow Cooking Autumn (online)

<https://tinyurl.com/slow-cooking-autumn>

Thursday

09:30-11:30am

-Setting Boundaries (online)

<https://tinyurl.com/Setting-Boundaries-Oct-21>

4:30-6:00pm

-Fun with Science (online)

<https://tinyurl.com/Fun-with-science-Oct21>

Friday

09:30-11:30am

- delivering a workshop on Early Years activities at ACL Maldon

Weekend:

-delivering workshops in local libraries